



HOLY TRINITY NEWS

FEBRUARY 2026



Walking through Lent - From the Rector

Lent is early this year...and because of that it is coming upon us swiftly! It is that time when we walk the journey with Jesus through his ministry and all the way to Jerusalem. We walk with him to the last supper, the garden, the cross and the tomb. It is a time for us to consider this great gift given to us and a reminder to change if, as, where, and how we need to change.

It is a journey during which we focus on formation in a robust way. See the Lenten Schedule in this newsletter for details. There will be a video series you can follow, a weekly Bible Study (that may continue after Lent!), and a book study.

There are changes in church too. The colors will change to purple beginning on Ash Wednesday; and continuing until Palm Sunday. The other liturgical change is that we will not use the word "Alleluia" between Ash Wednesday and Holy Saturday. But don't worry - on Easter morning they will be back loud, clear, and plentiful. At the Pancake Supper on Tuesday, February 17 we'll say our last Alleluias for a bit while we remember that the joy of that phrase never truly leaves us.

As I did last year, I will change my movements during the celebration of the Eucharist. Very simply, I will not be raising my hands while I say the Eucharistic prayers. This is something that is not required in the rubrics of celebration and I chose to omit it during the season of Lent. The ritually required steps of touching or holding the cup and/or bread during the prayers will be done. And then, on Easter Sunday, when the Alleluias return, so will my raised hands - and they will be high and lifted up in thanksgiving for the wonders God has given us.

The other change you will see, and it may be something we continue, is that for the Prayers of the People we will be instructed to turn and face each other across the aisle. These are prayers for all of us and for the world around us. Therefore it seems fitting to look at one another as we pray them.

I pray that we all have a blessed journey through Lent.

Kathleen+

Lent schedule - 2026

☞ **Sunday, February 15** - Discover a new prayer practice you can put to use during Lent with this Inter-generational formation: Make prayer beads and learn how to use them; following service

☞ **Tuesday, February 17, Shrove Tuesday Pancake Supper: 5:30pm; pancakes available at 6pm**

☞ **Wednesday, February 18, Ash Wednesday o 6pm: Ash Wednesday service at Holy Trinity: imposition of ashes and Eucharist**

☞ **Adult formation**

o Video recorded each week and posted to our YouTube Channel and Facebook page by Rev.

Kathleen. This will focus on a book called "Lent in Plain Sight" by Jill Duffield. The format will be the same as that which was used for Advent. Look for the first video on Ash Wednesday.

o Book study using "Learning to Walk in the Dark" by Barbara Brown Taylor. We will gather at 5:30pm on Thursdays (February 26-March 26) to discuss the readings for the week and enjoy soup and bread. Food will be available beginning at 5:30pm;

Discussion will begin at 6pm. Books will be available at the church to pick up prior to the first gathering. o Bible Study in person; 5pm Wednesday beginning on March 4. See Ada's message in the newsletter for more information.

☞ **Palm Sunday, March 29: 10am Eucharist service**

☞ **Monday, March 30, 6pm, Vespers**

☞ **Tuesday, March 31, 6pm, Vespers**

☞ **Wednesday, April 1, 6pm, Seder Meal**

☞ **Thursday, April 2, Maundy Thursday**

o 6pm: Eucharist and stripping of the altar

o Prayer Vigil in the chapel to follow

☞ **Friday, April 3 Good Friday**

o Noon: service specifics to be determined

o 6pm, Good Friday service

☞ **Easter Sunday, April 5: 10am Eucharist service**

Art Wall - Kid Style!

Have you seen the contribution to the Art Wall in the parish hall? It will be up through the month of February for us to enjoy. The children at Spark Academy and Baby Spark (our partners who have their day care in the basement of our parish hall) created these offerings to share with us. Their teachers used the book "The Dot" by Peter H. Reynolds with all the kids as inspiration. Then each class used a different medium for creation as each child created their own "dot". The idea is that all of us are artists...each in a different way. Sometimes we just need one person to believe in us.

Annual Meeting Elections

New Vestry Members: Joseph Cava

Thomas Hubbard

Barbara Trushaw

Sr Warden: Helen Short

Jr. Warden: Natalie Good

Delegates to Diocesan Convention: Ada Lyman

Tim Lyman

Natalie Good

Advent Tree Collection Update

The Outreach Team wants to provide an update and thanks to everyone who took an envelope and supported the "Heat for Homes" and "Personal Care" donations. We were able to send \$597.50 to Franklin County CVOEO. These funds will be designated for fuel assistance to people in Franklin County.

We were also able to donate \$332.50 to the Diaper and Wipe program to support the purchase of personal care items. Please know that this program continues to grow as we assess the ways to address the needs of the underserved community.

We are proud of our efforts to make a difference in the lives of so many people in our community. We invite everyone who is interested, in any of our outreach programs, to connect with someone on the Outreach Team or attend one of our meetings. Meetings are the first Monday of the month at 9:00 in the parish hall.

Blessings, Your Outreach Team

FEBRUARY CALENDAR

Sun 2/1- Bishop visit, 11am service only

Mon 2/2- Outreach meeting, 9am

Tues 2/3- Choir Rehearsal, 7pm

Mon 2/9- Vestry meeting, 5:30pm

Tues 2/10- Crafts & Tea, 1-3pm, parish hall

- Choir Rehearsal, 7pm

Sun 2/15- Fellowship Movie: The Philadelphia

Eleven, 2:30pm, parish hall

Mon 2/16- Office Closed, Presidents' Day

Tues 2/17- Shrove Tuesday, Pancake Supper, 5:30

- Choir Rehearsal, 7pm

Wed 2/18- Ash Wednesday service, 6pm

Tues 2/24- Crafts & Tea, 1-3pm, parish hall

- Choir Rehearsal, 7pm

Thurs, 2/26- Lenten Book Study & Dinner, 5:30-7pm

FLOWERS IN SPRING

As February moves us closer to Spring, there is an invitation for anyone interested in flowers and doing flower arrangements for the church on Sunday mornings to give Linda Wirts a call 802-868-5492 to discuss the fun of it and participate in adding to our Sunday services. Join in on the fun. Experience not necessary. Or lindaw9@myfairpoint.net.

Linda



Fellowship

Thank you to all our Coffee Hour hosts. Joey Cava and Ada and Tim Lyman have volunteered to help with coffee hour. Initially they will be paired with experienced hosts. Please welcome them to this ministry.

On Sunday, February 15 at 2:30 the movie The Philadelphia Eleven will be shown in the Parish Hall. This tells about the first eleven women to be ordained to the priesthood in the United States. There will be popcorn and beverages.

Mardi Gras will be Tuesday, February 17th. We'll celebrate with a pancake supper. Doors will be open at 5:30 for mask decorating. Come dressed in your Mardi Gras attire. Pancakes will be served at 6 PM.

Crafts, Tea, and Cookies will be held on February 10th and 24th from 1-3PM. If you'd like to attend and need a ride, please call Helen Short at 802-752-5497.

Preliminary plans are underway for a Parish Retreat at Rock Point on a Friday afternoon, and Saturday in the fall. Not everyone will want to stay overnight. Some can go home & come back. Two cabins will be reserved. Each cabin sleeps 6, has a small kitchen, and a bathroom with shower. There will be activities for the more adventurous members and less strenuous things for those whose hiking days are in the past. If you're interested in helping to plan this retreat, please speak with Helen Short.

Helen Short, Fellowship Chair

Martha's Kitchen needs for December

lettuce

cucumbers

tomatoes

2025 Holy Trinity's Service Learning Scholars

It is with great excitement and honor that we are able to announce the two recipients of our annual service scholarships. On January 4th and 11th, we welcomed Anna Smith and Amelia Partlow and their families to attend our service and share about share update about their college experiences.

Anna Smith is attending the University of Vermont and is pursuing a career in nursing. She has completed the introductory course for the UVM Nursing Program. She continues to be active in additional wellness programs that help her to become active in the medical expectations of her rigorous program.

Amelia is also attending the University of Vermont and has completed her first semester as a computer science major and accounting minor. She has been active in UVM's Society for Women in Computer Science and continues to be active in the Honors Society and help with computer science fairs.

We are so lucky to know, that these two young women are great representatives of the goals and tenants of our scholarship. We continue to wish them our best as they continue their educational path.



BIBLE STUDY

Join Ada Lyman on a journey of biblical discovery every Wednesday evening at 5 pm starting March 4th in the upper room.

Participants will read selected passages from Genesis to Revelation and meet weekly for lively discussion and interpretation.

The curriculum is based on the award-winning book "The Path: A Journey Through the Bible," by Melody Wilson Shobe. Although the book is not needed to participate in the weekly study, it is a helpful resource with commentary from the author. It can be purchased from Forward Movement online ([forwardmovement.org](https://www.forwardmovement.org)).

Additionally, Ada has a copy of the book and can provide chapters for anyone who would like them.

Please contact Ada at msadabee@gmail.com if you are interested in participating.

Diaper Ministry Update

Open Mons and Wed 10 - 1

December, 2025 23 visits

22 wipes 30 diaper packs

67 Personal Care products

January, 2026 16 visits

10 wipes packages 32 diaper packs

77 Personal care products



Holy Trinity Church Outreach
Welcomes a New Partnership

In January, Holy Trinity welcomed in the Franklin County Age Well Program. This new partnership will provide meals for Senior Citizens and their care givers or transporters on the third Thursday of each month.

Community Meal Sites (Congregate Meals)

These are sit-down meals for socializing and eating together. Age Well partners with local spots like Holy Trinity Church and other communities throughout Franklin County. Check Age Well's calendar for other locations like Fairfield, Georgia, Highgate, and Sheldon.

Meals are created to meet the dietary and food safety guidelines required by the Older Americans Act. A typical meal consists of 2-3 ounces of protein, complex carbohydrate (such as sweet potato, rice or pasta), one and a half cups of fruit or vegetables, a grain (preferably whole grain), milk and dessert (often includes fruit). Salt is not added to foods during cooking, though in some foods it may naturally occur.

To Get Started:

Contact Age Well: Visit agewellvt.org or call them to register and learn about the specific locations and times for meals at Holy Trinity and other places in Franklin County.

Do You Want to Help?: Age Well can always use volunteers to help with their programs. If you are interested in helping here at Holy Trinity, please give Laura Need a call at Age Well to volunteer

Date: February 19 (Third Thurs of each month)

Time: 12:00 pm - 1:00 pm

ORGANIZER: Age Well Phone 802-865-0360

VENUE: Holy Trinity Episcopal Church

Open Door Dinners

Nativity/St. Louis

Thursdays Feb 19, Mar 12, 5:30

Holy Trinity

Thursdays Apr 23, May 28, Jun 25

Linda B's Feb Angels Corner from the Heart

Day 1- You have so much going for you
 Day 2 - With your angel, there is always something to feel positive about
 Day 3 - Let Hope lead the way
 Day 4 - None of your troubles are permanent
 Day 5 - No one is more deserving of Life's Joy than you are
 Day 6 - You have the power to make your dream come true; your angel knows the truth
 Day 7 - Stop worrying and start living

Heart tuned to the world and wisdom of God produces a melody of Praise with His angels
 Tune in your favorite worship music and sing praises to God
 He who sings frightens his ills
 Heavenly thank you for sending your angels to share our love
 Show us, Good Lord, the peace we should seek
 The peace we must give
 The peace we must keep
 The peace we must forgo
 And the peace you have given with your angels
 I ask pardon O my amiable savior
 Because I have so often pierced by Sin
 Be merciful
 Give me wisdom with my angels and my heart with love
 Angels do the work of love around us, love within us, and love compelling us, and love igniting us
 I invite you to speak to me to search my heart and shape my life. Show me what is excellent. Our angel knows.
 Open my eyes to see you
 Open my heart to hear your voice
 Open my heart to receive your Word
 Open my hands to accept whatever you give with our angels
 Dear Lord my God, thank you for putting good Christian people in my Life. I pray that I would find a way with my angels to encourage others to be strong
 Be an Angel
 Pure gold is beautiful and valuable. Living the Golden Rule, life is lovely and precious too.
 Take a deep breath and think about the last time you had a disagreement with someone you love. Consider how the situation might have changed if you have changed. Even if the other person was more in the wrong, how might your practicing the Golden Rule have altered your conflict. Jot a few thoughts down.



FEBRUARY BIRTHDAYS

- 2** Cindy Monahan, Ayen Abui
- 3** Steve Marshall
- 9** Ada Lyman
- 13** Steve Vittum
- 28** Adam Longe



FEBRUARY ANNIVERSARIES

- 4** Doreen & Randy LaFlam
- 22** David & Katherine Winchester



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