



HOLY TRINITY NEWS

FEBRUARY 2026



Walking through Lent - From the Rector

Lent is early this year...and because of that it is coming upon us swiftly! It is that time when we walk the journey with Jesus through his ministry and all the way to Jerusalem. We walk with him to the last supper, the garden, the cross and the tomb. It is a time for us to consider this great gift given to us and a reminder to change if, as, where, and how we need to change.

It is a journey during which we focus on formation in a robust way. See the Lenten Schedule in this newsletter for details. There will be a video series you can follow, a weekly Bible Study (that may continue after Lent!), and a book study.

There are changes in church too. The colors will change to purple beginning on Ash Wednesday; and continuing until Palm Sunday. The other liturgical change is that we will not use the word "Alleluia" between Ash Wednesday and Holy Saturday. But don't worry - on Easter morning they will be back loud, clear, and plentiful. At the Pancake Supper on Tuesday, February 17 we'll say our last Alleluias for a bit while we remember that the joy of that phrase never truly leaves us.

As I did last year, I will change my movements during the celebration of the Eucharist. Very simply, I will not be raising my hands while I say the Eucharistic prayers. This is something that is not required in the rubrics of celebration and I chose to omit it during the season of Lent. The ritually required steps of touching or holding the cup and/or bread during the prayers will be done. And then, on Easter Sunday, when the Alleluias return, so will my raised hands – and they will be high and lifted up in thanksgiving for the wonders God has given us.

The other change you will see, and it may be something we continue, is that for the Prayers of the People we will be instructed to turn and face each other across the aisle. These are prayers for all of us and for the world around us. Therefore it seems fitting to look at one another as we pray them.

I pray that we all have a blessed journey through Lent.

Kathleen+

Lent schedule - 2026

- ❑ Sunday, February 15 – Discover a new prayer practice you can put to use during Lent with this Inter-generational formation: Make prayer beads and learn how to use them; following service
- ❑ Tuesday, February 17, Shrove Tuesday Pancake Supper: 5:30pm; pancakes available at 6pm
- ❑ Wednesday, February 18, Ash Wednesday
 - o 6pm: Ash Wednesday service at Holy Trinity: imposition of ashes and Eucharist
- ❑ Adult formation
 - o Video recorded each week and posted to our YouTube Channel and Facebook page by Rev. Kathleen. This will focus on a book called "Lent in Plain Sight" by Jill Duffield. The format will be the same as that which was used for Advent. Look for the first video on Ash Wednesday.
 - o Book study using "Learning to Walk in the Dark" by Barbara Brown Taylor. We will gather at 5:30pm on Thursdays (February 26-March 26) to discuss the readings for the week and enjoy soup and bread. Food will be available beginning at 5:30pm; Discussion will begin at 6pm. Books will be available at the church to pick up prior to the first gathering.
 - o Bible Study in person; 5pm Wednesday beginning on March 4. See Ada's message in the newsletter for more information.
- ❑ Palm Sunday, March 29: 10am Eucharist service
- ❑ Monday, March 30, 6pm, Vespers
- ❑ Tuesday, March 31, 6pm, Vespers
- ❑ Wednesday, April 1, 6pm, Seder Meal
- ❑ Thursday, April 2, Maundy Thursday
 - o 6pm: Eucharist and stripping of the altar
 - o Prayer Vigil in the chapel to follow
- ❑ Friday, April 3 Good Friday
 - o Noon: service specifics to be determined
 - o 6pm, Good Friday service
- ❑ Easter Sunday, April 5: 10am Eucharist service

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Art Wall - Kid Style!

Have you seen the contribution to the Art Wall in the parish hall? It will be up through the month of February for us to enjoy. The children at Spark Academy and Baby Spark (our partners who have their day care in the basement of our parish hall) created these offerings to share with us. Their teachers used the book "The Dot" by Peter H. Reynolds with all the kids as inspiration. Then each class used a different medium for creation as each child created their own "dot". The idea is that all of us are artists...each in a different way. Sometimes we just need one person to believe in us.

2025 Holy Trinity's Service Learning Scholars

It is with great excitement and honor that we are able to announce the two recipients of our annual service scholarships. On January 4th and 11th, we welcomed Anna Smith and Amelia Partlow and their families to attend our service and share about share update about their college experiences.

Anna Smith is attending the University of Vermont and is pursuing a career in nursing. She has completed the introductory course for the UVM Nursing Program. She continues to be active in additional wellness programs that help her to become active in the medical expectations of her rigorous program.

Amelia is also attending the University of Vermont and has completed her first semester as a computer science major and accounting minor. She has been active in UVM's Society for Women in Computer Science and continues to be active in the Honors Society and help with computer science fairs.

We are so lucky to know, that these two young women are great representatives of the goals and tenants of our scholarship. We continue to wish them our best as they continue their educational path.



BIBLE STUDY

Join Ada Lyman on a journey of biblical discovery every Wednesday evening at 5 pm starting March 4th in the upper room.

Participants will read selected passages from Genesis to Revelation and meet weekly for lively discussion and interpretation.

The curriculum is based on the award-winning book "The Path: A Journey Through the Bible," by Melody Wilson Shobe. Although the book is not needed to participate in the weekly study, it is a helpful resource with commentary from the author. It can be purchased from Forward Movement online (forwardmovement.org).

Additionally, Ada has a copy of the book and can provide chapters for anyone who would like them.

Please contact Ada at msadabee@gmail.com if you are interested in participating.

Diaper Ministry Update Open Mons and Wed 10 - 1

December, 2025 23 visits

22 wipes 30 diaper packs

67 Personal Care products

January, 2026 16 visits

10 wipes packages 32 diaper packs

77 Personal care products



Holy Trinity Church Outreach Welcomes a New Partnership

In January, Holy Trinity welcomed in the Franklin County Age Well Program. This new partnership will provide meals for Senior Citizens and their care givers or transporters on the third Thursday of each month.

Community Meal Sites (Congregate Meals)

These are sit-down meals for socializing and eating together. Age Well partners with local spots like Holy Trinity Church and other communities throughout Franklin County. Check Age Well's calendar for other locations like Fairfield, Georgia, Highgate, and Sheldon.

Meals are created to meet the dietary and food safety guidelines required by the Older Americans Act. A typical meal consists of 2-3 ounces of protein, complex carbohydrate (such as sweet potato, rice or pasta), one and a half cups of fruit or vegetables, a grain (preferably whole grain), milk and dessert (often includes fruit). Salt is not added to foods during cooking, though in some foods it may naturally occur.

To Get Started:

Contact Age Well: Visit agewellvt.org or call them to register and learn about the specific locations and times for meals at Holy Trinity and other places in Franklin County.

Do You Want to Help?: Age Well can always use volunteers to help with their programs. If you are interested in helping here at Holy Trinity, please give Laura Need a call at Age Well to volunteer

Date: February 19 (Third Thurs of each month)

Time: 12:00 pm - 1:00 pm

ORGANIZER: Age Well Phone 802-865-0360

VENUE: Holy Trinity Episcopal Church

Open Door Dinners

Nativity/St. Louis

Thursdays Feb 19, Mar 12, 5:30

Holy Trinity

Thursdays Apr 23, May 28, Jun 25

Linda B's Feb Angels Corner from the Heart

Day 1- You have so much going for you

Day 2 – With your angel, there is always something to feel positive about

Day 3 – Let Hope lead the way

Day 4 – None of your troubles are permanent

Day 5 – No one is more deserving of Life's Joy than you are

Day 6 – You have the power to make your dream come true; your angel knows the truth

Day 7 – Stop worrying and start living

Heart tuned to the world and wisdom of God produces a melody of Praise with His angels

Tune in your favorite worship music and sing praises to God

He who sings frightens his ills

Heavenly thank you for sending your angels to share our love

Show us, Good Lord, the peace we should seek

The peace we must give

The peace we must keep

The peace we must forgo

And the peace you have given with your angels

I ask pardon O my amiable savior

Because I have so often pierced by Sin

Be merciful

Give me wisdom with my angels and my heart with love

Angels do the work of love around us, love within us, and love compelling us, and love igniting us

I invite you to speak to me to search my heart and shape my life. Show me what is excellent. Our angel knows.

Open my eyes to see you

Open my heart to hear your voice

Open my heart to receive your Word

Open my hands to accept whatever you give with our angels

Dear Lord my God, thank you for putting good Christian people in my Life. I pray that I would find a way with my angels to encourage others to be strong

Be an Angel

Pure gold is beautiful and valuable. Living the Golden Rule, life is lovely and precious too.

Take a deep breath and think about the last time you had a disagreement with someone you love. Consider how the situation might have changed if you have changed. Even if the other person was more in the wrong, how might your practicing the Golden Rule have altered your conflict. Jot a few thoughts down.



FEBRUARY BIRTHDAYS

2	Cindy Monahan, Ayen Abui
3	Steve Marshall
9	Ada Lyman
13	Steve Vittum
28	Adam Longe



FEBRUARY ANNIVERSARIES

4	Doreen & Randy LaFlam
22	David & Katherine Winchester



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